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METHODS OF DISTRIBUTION OF THE POLYPHENOL EXTRACTS FROM THE LEAVES OF A PLANT CARTHAMUS

Abstract. From the *Carthamus* plant leaf are extracted polyphenol extracts, composition and construction have been proven by methods of IR, UV spectral analysis. Ether extract is 3%, 360 nm wavelength $\epsilon = 4,070$ Rutine, Ethyl Acetate Extract 3,2%, its wavelength 350 nm, $\epsilon = 4,268$ Quercetin compound, 90% ethyl alcohol 2,92%, 365 nm Wavelength, $\epsilon = 4,359$ in the zone of quercetin, and 70% in ethyl alcohol 3,64%, 331 nm wavelength, $\epsilon=4,359$ in the zone of euclidean and the final 50% of ethyl alcohol in the extract was 2,79%, 329 nm, $\epsilon=4,614$ according to the compound of the acid compound.

Key words: *carthamus*, polyphenol extracts, biologically active substances.

Introduction. Plants are the main source of various organic and biologically active substances, including the most common compounds in nature: flavonoids, caratinoids, polyphenols, ethanols, alkaloids, terpenoids, essential oils, phenolic acids, amino acids, trace elements, vitamins. Natural compounds are widely used in medicine. However, the knowledge and methods of chemistry of natural compounds are very important in their distribution, purification, construction, production and product quality control [1].

Carthamus (translation in Kazakh language – Мақсары) is a plant, oilseed crop, belonging to a sophisticated flower family. The main homeland is Ethiopia and Afghanistan. *Carthamus* grows in Central Asia - in Uzbekistan and Kazakhstan. Today it is grown in Azerbaijan, India, Egypt, Iran, Central and South America, Australia and Western Europe. *Carthamus* plant is one of the most widely studied medicinal plants [2, 3].

According to historical data, the Xinjiang region is one of the earliest cultures of the *carthamus*. The appearance of the Great Silk Road contributed greatly to the spread of *carthamus* and its exploration. Today, *carthamus* includes cuisine, medicine, cosmetics and in other areas.

The southern regions of the republic cultivating of *carthamus* plant. The main homeland of the Mediterranean coast, the *carthamus*, has not been long enough to grow and produce products in the country. It's just that recently. The main product from it is gingerbread. The quality of *carthamus* oil is not less than sunflower and cottonseed. You can not say that the price is as expensive as that. It is much cheaper than cotton oil [4, 5].

Carthamus plant stems are vertical, spruce, lumpy, height up to 90 cm. The leaves are oval, the edges can be the sting. Flower bricks - baskets, from one 5-6 to 30-50 baskets in one plant. The flowers are like a yellow or orange tube. When the seeds ripen, they do not sprout on the ground. Weight of 1000 grains is 20-50 g. *Carthamus* is a heat-resistant, very desert-resistant. The growth period is

90-150 days. The cross is pollinated (by insects and by land), can also spontaneously spray. They do not need a special soil for grow. At a depth of 5-6 cm on a hectare of 6-10 kg per hectare, sow the system intervals 45-60 cm. Products are harvested from each hectare up to 8 centimeters. It is obtained from the seeds of 25-35% of the seeds, 46-60% of the seeds of fat, flower [6, 7].

Flower, leaf, seeds and oils of *Carthamus* plant are widely used in many countries for medical purposes. In Iran, fat is used for hepatic and heart treatments, while safflower is used in Pakistan for treating urinary tract infections with sugar, while carthamus oil in India is used for the treatment of gastric ulcer. China produces medications for various diseases. And we are feeding the cattle as long as we can not handle it.

Therefore, for the cheap and accessible natural home remedy, the study of the composition of medicinal plants grown in the country and the distribution of biologically active substances is one of the topical issues today. Including polyphenol extracts from the *Carthamus* plant.

Polyphenols are a simple potent antioxidant plant pigment. In addition to grapes, polyphenols are found in chocolate, shade, apple, and other coconut fruit, pomegranate juice, cranberries. Polyphenols are found to be in the form of additives with plants similar to those found in the molecular weights of 300-5000. Many of them are dissolved in water, diluted or boiled. Alkaline acids can be obtained on the basis of these sugars together with polyesters or complex dipepsid compounds [8, 9].

At present, about six thousand polyphenols are extracted from the plant composition. Polyphenols, along with useful plants, are contained in vegetables and fruits. In the human body, food contains about 1 g of antioxidant ingredients per day, with a few vitamins, containing about 100 mg of β -carotene, vitamins C, E. Polyphenol is a large number of atomic phenols and their derivatives. It a vital role in the biological role of plants in the world of metabolism. Plants are widely spread in the form of tanning substances (fluogridin, pyrogallol, etc.) and glucosides and essential oils. Polyphenols are found in many nutrients. Their oxidation products (such as quinones) create tasty odor and aromatic texture for the food products. Production polyphenols - catecholomein and some hormones and mediators (adrenaline and noradrenalin) [10, 11].

Polyphenols protect the skin against sunburn, ozone and other toxins and prevent aging. Cranberries can be used in diseases of the kidneys, renal disease. Polyphenols improve cardiovascular disease and bleeding. Polyphenols are important in the treatment of cancer, liver, kidney, diabetes, atherosclerosis, cancer and various diseases. The metabolism participates in photosynthesis process. Performs the function of a fundamental element that holds skin tissues. Therefore, doctors warn that excessive amounts of alcohol can have an adverse effect on the body. In addition, excessive use of polyphenols (such as the daily use of blue or black tea) may cause kidney and liver disease [12]. The aim of the work is determination of composition, composition and structure of polyphenols extracting from *Carthamus* plant leaf.

EXPERIMENTAL PART

The object of the study was leaf from autumn *Carthamus* plant, which was harvested in September and October 2014-2016, Boradilai village, Baydibek district, South Kazakhstan region.

Extraction method is used to extract polyphenols from Leaf leaves of *Carthamus*. It is separated by the fractionation of polyphenols from the *Carthamus* plant.

Polyphenols are extracted by extracting the raw material with water and aqueous alcohol, pure ether or ether alcohol to extract extracts. The resulting product is a cleaner product, followed by separation of the individual substances.

For extraction, first of all, the raw materials are cleaned, dried and sieved, the diameter of the sieve is 3-5 mm. 10 g of raw material are weighed. Extragent is extracted 3 times in 2 hours in hot distilled water, 1:10 in the leaves of the *Carthamus* plant. If the solution is filtered and used for inulin, it extracts the sunflower by the next fraction.

I fraction. For separation from polyphenols, including oxycoric acid and catechin, it is filtered through filter paper to extinction for 30 minutes at room temperature of 200C at 1: 5 with diethyl ether. The solvent is evaporated in a water bath on a porcelain plate. The resulting leaf extract is 3%.

II fraction. In the following fraction extracted leukocancias, dimeric prostanthanidins, oxycoric acid ether and other compounds are extracted with organic solvent 1: 1 or 1:20 at ethyl acetate for 2 hours, filtered by extraction and evaporated in a water bath. The resulting yield of leaf is 3.2%.

III fraction. 90%, 70%, 50% ethyl alcohol for 1 hour to 2 hours to pass to solution in the final fraction of extraction in 90%, 70%, 50% ethyl alcohol in various concentrates to dissolve in many solvents and other phenolic compounds is added to the refrigerant and extracted in a water bath. The extracted extracts account for 90% of ethyl alcohol in 2,92%, and 70% for ethyl alcohol in 3.64% and 50% in ethyl alcohol with 2,79% [13].

RESULTS AND DISCUSSION

The polyphenols were extracted from the I-III fraction by the KBr tablets in the 400-4000 cm^{-1} IR-Bruker ALFA spectrometer, and in UV-SI Analytics Uviline 9400-9100 spectroscopy.

The frequency of oscillations in the IR spectrum of polyphenols derived from *Carthamus* plant varies from 3429 to 3286 cm^{-1} with the aromatic C-H group. The oscillation frequency in the range of 2925-2919 cm^{-1} showed the oscillations of CH_2 groups, oscillations of the O-N groups of carboxylic acid in the range of 2853-2844 cm^{-1} , the oscillation frequency of carbon dioxide C=O in 1633-1710 cm^{-1} , and 1657 The frequency of oscillations of -1597 cm^{-1} corresponds to the groups of aromatic C=C, the frequency of the aromatic group CH_2 is 1455-1414 cm^{-1} , the frequency of aromatic CH_3 is 1381-1373 cm^{-1} , and the frequency of the fluctuation is 1256-1244 cm^{-1} -N group, the pendulum oscillation corresponds to the interval 993-843 cm^{-1} [14].

Table 1 – IR spectra of polyphenols derived from Carthamus leaf, cm⁻¹

Group	Extracts				
	Diethyl ether	Ethyl acetate	90% ethyl alcoho	70% ethyl alcohol	50% ethyl alcohol
ν_{Ar} C-H aromatic	3429	3362	3328	3296	3286
ν CH ₂	2923	2921	2919	2925	2925
ν OH carboxylic acids	2852	2851	2850		
ν C=O carboxylic acids	1733	1733	1713		
ν_{Ar} C=C		1657	1650	1651	1597
δ CH ₂	1455	1454	1453	1415	1414
δ CH ₃	1376	1376	1373	1381	
γ CH	1246	1244	1254	1256	
Pendulum oscillations	973	849	843	993	923

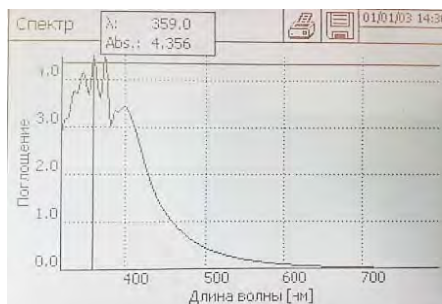
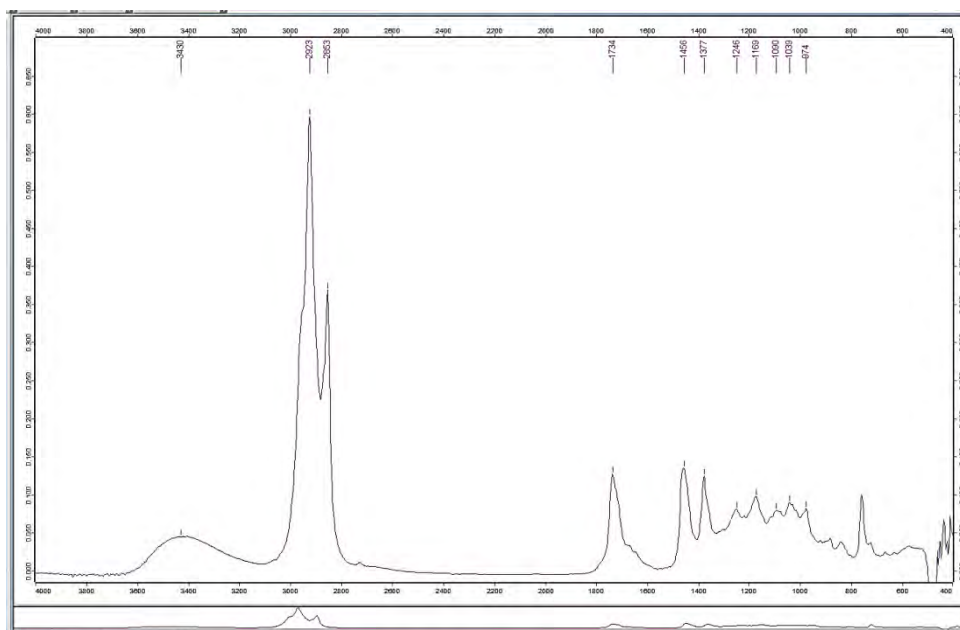


Figure 1 – IR, UV-spectrum extract of diethyl ether of Carthamus

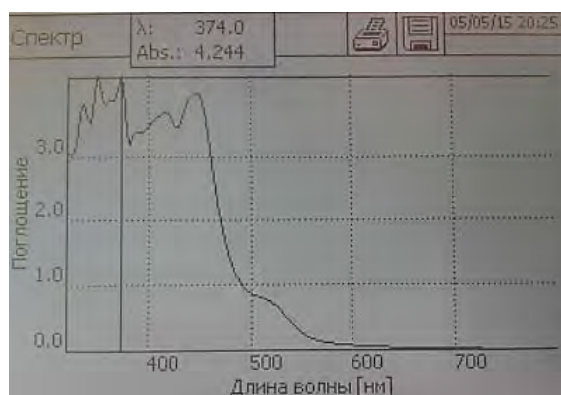
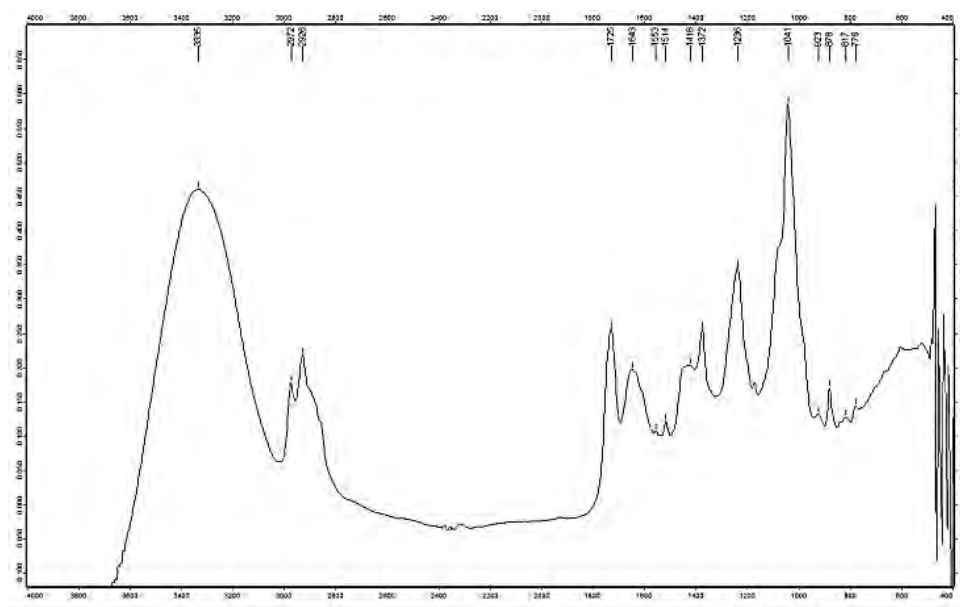


Figure 2 – IR, UV-spectrum extract of carthamus plant in ethyl acetate

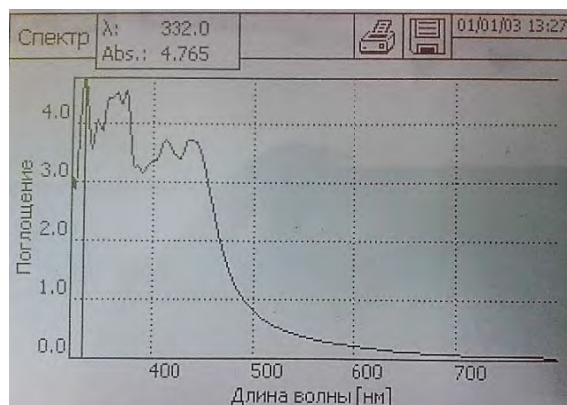
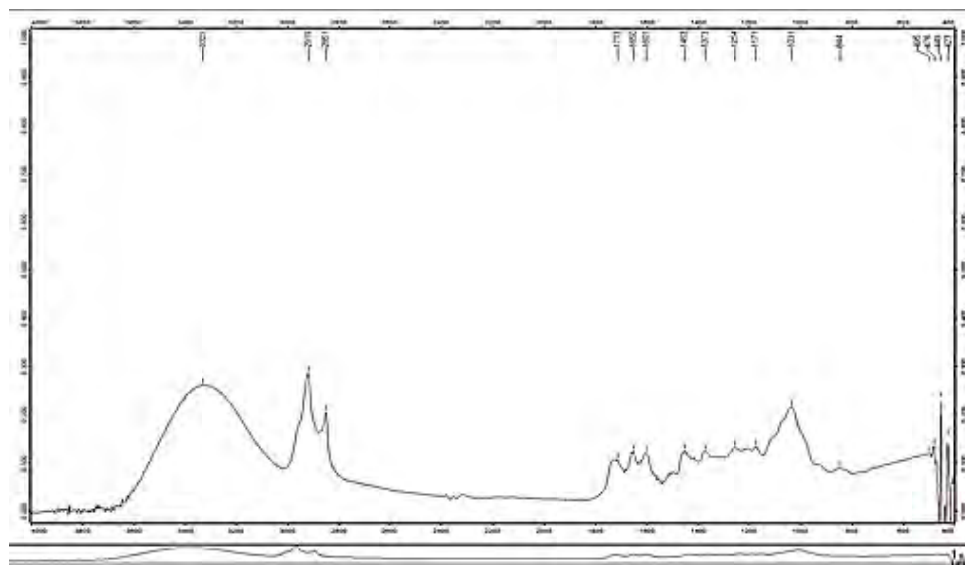


Figure 3 – IR, UV spectrum of 90% ethanol alcohol of Carthamus plant

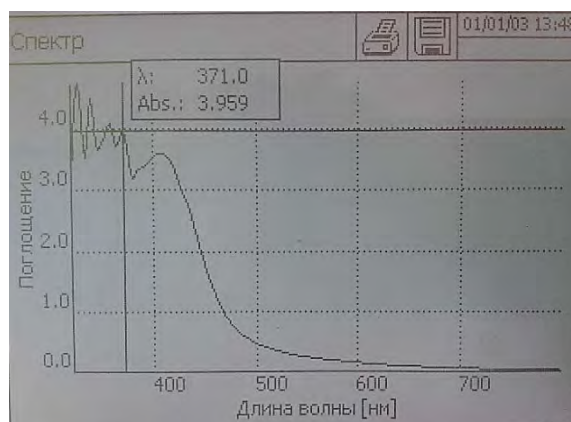
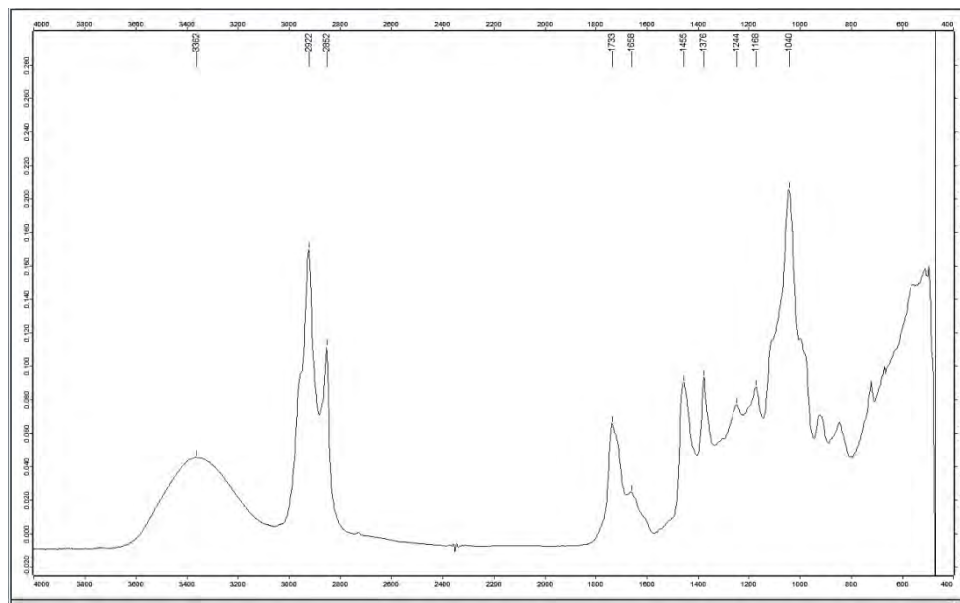


Figure 4 – IR, UV spectrum of extract of ethyl alcohol in 70% of Carthamus plant

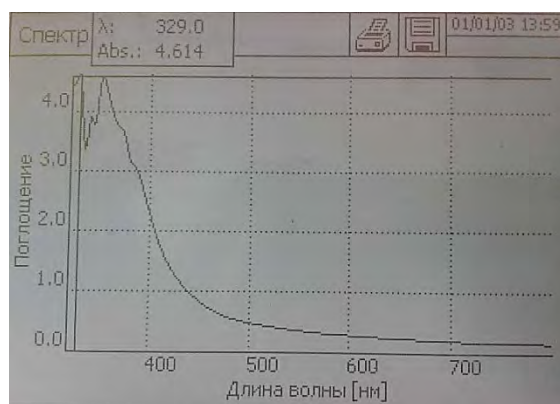
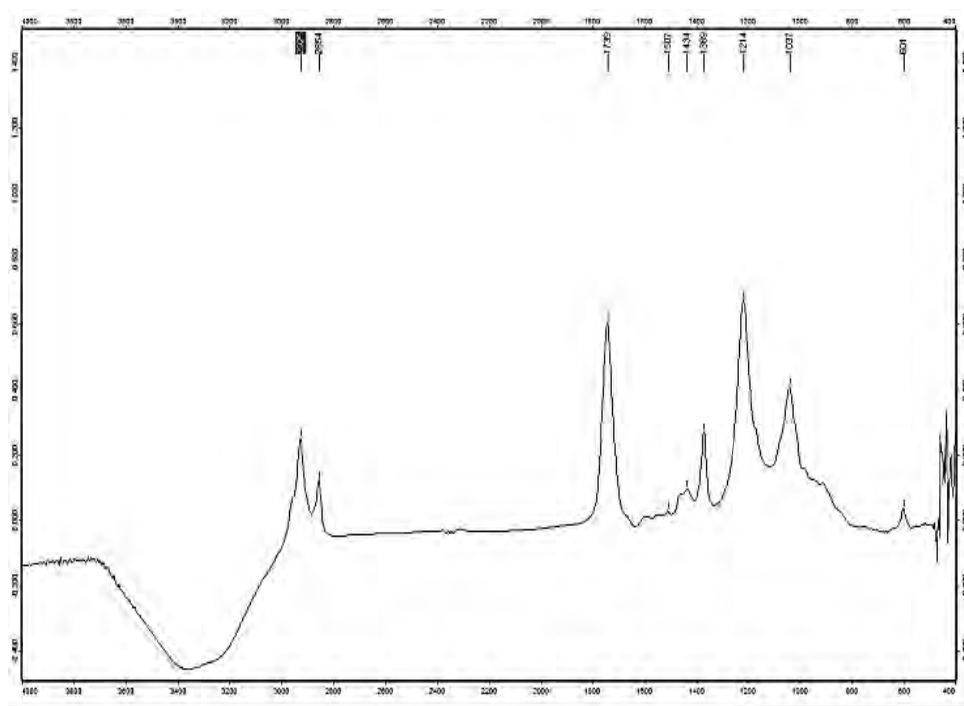
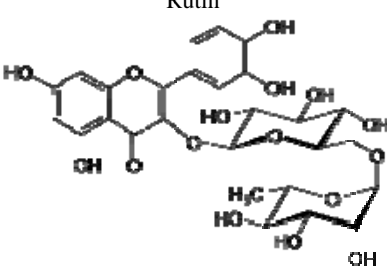
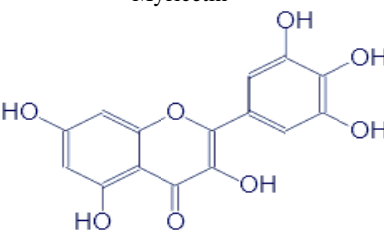
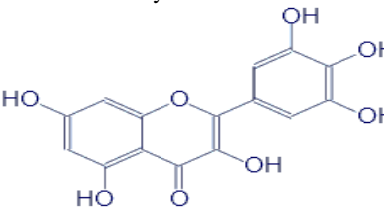
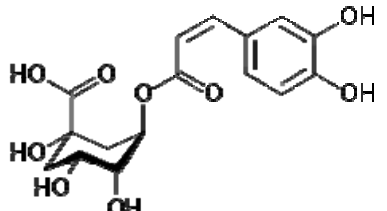


Figure 5 – IR, UV-spectrum extract of 50% of Carthamus plant in ethyl alcohol

Table 2 – The UV spectrum of polyphenols derived from Carthamus leaf

#	Specimen name	Wavelength, nm	E	Type of connection
1	Spectrum of extract of diethyl ether 50% sprayed Carthamus plant spray	359	4,356	<p>Rutin</p> 
2	Spectrum of Carthamus plant in ethyl acetate	374	4,244	<p>Myricetin</p> 
3	90% of the flower plant of Carthamus is an alcohol-soluble spectrum	332	4,765	<p>Esculite</p> $3,4(OH)_2C_6H_2 \left\langle \begin{array}{l} CH:CH \\ O-CO \end{array} \right.$
4		371	3,930	<p>Myricetin</p> 
5	50% of the Carthamus plant is an alcohol-soluble spectrum	329	4,614	<p>Chloroanic acid</p> 

The UV spectrum of polyphenols extracted from *Carthamus* leaf corresponds to 359 nm wavelength in diethyl ether, rutin in $\varepsilon = 4,356$ and 374 nm wt. In ethyl acetate, quercetin in $\varepsilon = 4,244$, 90% of the ethyl alcohol spatula with 365 nm wavelength, $\varepsilon = 4,359$ in the zone of quercetin and 70% in alcohol, 331 nm wavelength, $\varepsilon = 4,514$ in the zone of esculetin and in the last 50% alcohol spirits, the wavelength range is 329 nm, and $\varepsilon = 4,614$ refers to a chlorogenic acid compound [15].

Conclusion.

1. Polyphenol extracts from the *Carthamus* plant leaf are extracted, composition and structure are proven by methods of IR, UV-spectral analysis.
2. *Carthamus* leaf contains rutin, myricetin, quercetin, esculetin, chlorogenic acid.

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Резюме

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**CARTHAMUS ӨСІМДІГІНІҢ ЖАПЫРАҒЫНАН
ПОЛИФЕНОЛ ЭКСТРАКТЫЛАРЫН БӨЛУ ӘДІСТЕРІ**

Carthamus өсімдігінің жапырағынан полифенолды экстрактылары бөлініп, құрамы мен құрылысы ИҚ-, УК-спектрлік анализ әдістері арқылы дәлелденді. Өйткені, полифенолды қосылыстар медицинада қабынуға қарсы, уылдыратын, қан тоқтататын, ауруға қарсы және бактерия жойғыш құралы ретінде, қартаю процессін баяулатып, жалпы иммунды жүйені күшейтеді, өсімдікпен және металл тұздарымен уланғанда, ағзадағы радиоактивті заттарды шығаруда, рак ауруларын, асқазан-ішек жолдарының қабынуында, кілегейлі қабықтардың қабынуында және т.б. ауруларды емдеуде қолданылатын таптырмайтын дәрілік препарат.

Түйін сөздер: мақсары, биологиялық белсенді заттар, полифенолды қосылыстар.

Резюме

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**МЕТОДЫ ВЫДЕЛЕНИЯ ПОЛИФЕНОЛЬНЫХ ЭКСТРАКТОВ
ИЗ ЛИСТЬЕВ CARTHAMUS**

Выделены полифенольные экстракты из листьев Carthamus, состав и структура была подтверждена с помощью ИК-, УФ-методов анализа. Полифенольные соединения применяются в медицине, как противовоспалительные, вяжущие, кровоостанавливающие, как средство замедления процесса старения, для укрепления иммунной системы, связывания солей металлов, радиоактивных веществ в организме, при отравлении, раке, воспалении желудочно-кишечного тракта, слизистых оболочек и т.д.

Ключевые слова: сафлор, биологически активные вещества, полифенольные соединения.